

\$20
PER
MONTH

CHECK OUT OUR VIRTUAL MEMBERSHIP

NOT READY TO COME BACK INTO THE GYM YET?
WORKOUT WITH US FROM YOUR LIVING ROOM! NB
FITNESS CLUB IS NOW OFFERING A VIRTUAL MEMBERSHIP!



WHAT COMES WITH THIS MEMBERSHIP?

Through Vimeo, you will have access to a password-protected library of fitness classes with our trainers and instructors. Also included is access to these classes as they stream live each week. Do them alongside the trainer/instructor or revisit the video later when it best works for you!

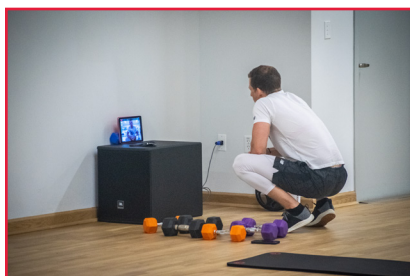


HOW OFTEN DO NEW CLASSES GET ADDED?

New classes will be added regularly to keep content fresh!

HOW LONG ARE THE CLASSES?

Each class ranges from 20 minutes to 1 hour.



WHAT TYPES OF CLASSES ARE OFFERED?

There are a variety of classes, including Yoga, HIIT, Tabata, Abs, Stretching, etc. Each class requires either limited equipment or no equipment at all. All classes are clearly labeled in the title, along with the instructor and length.

CAN I CANCEL AT ANY TIME?

This membership is treated like a month to month membership type. You can cancel at any time with no cancellation fee. We do require 1 additional month's dues payment for all cancellations.

FOLLOW US ON SOCIAL!



**SIGN UP
NOW!**